

## Grocery List

### Fresh Fruit and Vegetables

- Bananas/Strawberries
- Grapes/Apples/Oranges
- Peach/Pear/Nectarines
- Other berries
- Lemon/Lime
- Carrots
- Cucumber
- Tomato
- Lettuce/Spinach
- Onions
- Potatoes
- Peppers (Red, Green, Yellow)
- Broccoli, Cauliflower
- Fresh herbs: Garlic & Parsley
- Other: Celery

### Breads

- Tortilla Shells or Taco Shells
- Bagels
- Buns
  - Hamburger
  - Dinner/Lunch
- Bread, Loaf
- Other: Dry Bread Crumbs

### Meats & Deli

- Ground Beef
- Beef
  - Steak
- Chicken: Pieces
- Pork
  - Chops
- Fish
  - Salmon
  - Tuna
- Lunchmeats/Bacon
- Breakfast Sausage

### Dry Goods

- Pasta: Egg or Macaroni Noodles
- Pasta: Spaghetti Noodles
- Pasta: Rigatoni & Lasagne
- Rice
- Canned Browned Beans
- Canned Tomatoes
- Canned Tomatoes Sauce
- Canned Tomato Paste
- Canned Mushrooms
- Other Canned Vegetables
  - Salsa
- Canned Fruit
  - \_\_\_\_\_
- Pickles
- Ketchup, Mustard (Dijon & dry)
- Mayonnaise
- Peanut Butter
- Jelly/Jam/Honey

### Dry Goods con't

- Canned Meat
- Tuna
- Salmon
- Salad Dressing \_\_\_\_\_
- Salad Dressing \_\_\_\_\_
- Soy Sauce/Hot Sauce
- Worcestershire Sauce
- Heinz 57 Sauce
- BBQ Sauce
- Other: Beef Broth
- Other: Cream of Mushroom Soup
- Other: Cream of Broccoli Soup
- Other: Cheddar Cheese Soup
- Other: Tomato Soup
- Other: Dry Onion Soup Mix
- Other: Stove Top Stuffing Mix

### Baking Supplies

- Baking powder
- Baking soda
- Vegetable Oil
- Olive Oil
- Sugar – White/Brown
- Vinegar
- Yeast
- Flour – Brown/White
- Marshmallows
- Chocolate Chips
- Spices, dried: Nutmeg, thyme & Oregano
- Spices, dried: crushed red pepper
- Spices, dried: Salt & Pepper
- Spices, dried: Italian Seasoning
- Spices, dried: Chili Powder
- Spices, dried: Seasoning Salt/Steak Seasoning
- Spices, dried: Garlic Powder
- Other: Cornstarch
- Other: Taco Kit or Seasoning

### Cereals & Grains

- Breakfast Cereal: \_\_\_\_\_
- Breakfast Cereal: \_\_\_\_\_
- Oatmeal/Granola
- Cereal/Oatmeal Bars
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

### Frozen Foods

- Frozen Vegetables
  - Peas
  - Corn
  - Broccoli Spears
- Perogies
- French fries
- Hashbrowns
- Ice Cream
- Frozen Fruit \_\_\_\_\_
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

### Dairy

- Butter/Margarine
- Cheese: \_\_\_\_\_
- Cheese: \_\_\_\_\_

### Dairy con't

- Yogurt
- Cream Cheese
- Sour Cream
- Milk
- Eggs
- Cream
- Other: Cottage Cheese
- Other: \_\_\_\_\_

### Snack Food

- Crackers
  - Ritz/Snack
  - Soda/Soup
- Popcorn/Chips/Pretzels
- Nuts
- Craisins/Raisins

### Drinks

- Coffee/Tea
- Pop
- Iced Tea/Hot Chocolate
- Juice
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

### Other Supplies

- Tin foil
- Saran Wrap
- Wax Paper
- Sandwich/snack bags
- Other bags (freezer etc.)
- Paper Towel
- Toilet Paper
- Dish Soap
- Dishwasher Soap
- Laundry Soap
- Fabric Softener
- Stain Remover
- Toilet Paper
- Kleenex
- Other Cleaners: \_\_\_\_\_
- Other Cleaners: \_\_\_\_\_
- Shampoo/Conditioner
- Face soap
- Deodorants
- Mouthwash
- Toothbrushes
- Toothpaste
- Dental Floss
- Diaper cream
- Baby wipes/Diapers
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

### Any Other Misc. Items

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### Notes:

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